



Together For Kids and Families

Mental Health Work Group Meeting Summary Friday, December 5, 2014

Welcome & Introductions

Barb welcomed attendees.

Attendees: Lynne Brehm, Renee Faber, Jan Goracke, Jen Gerdes, Amy Holmes, Barb Jackson, Sharon Johnson, Gay McTate, and Tiffany Mullison.

Review Meeting Summary from September 26, 2014

The group accepted the Meeting Summary as presented.

Guided Learning, Behavioral Health Education Center of Nebraska – Amy Holmes, Education and Outreach Coordinator, provided an overview of BHECN, including the sharing of a 34 page report about LR592 and several projects undertaken by BHECN.

Sub-Committee Updates

- Early Childhood Integrated Skills and Competencies for Professionals
 - Jen shared the most recent version of the document. Each of the 11 Universal Competencies have 5 indicators and the self-assessment has been developed. Jen requested feedback from the group. The work will be turned into DHHS the end of December.
 - Ideas for dissemination from the group included: professional partners, TFKF list serve, Nebraska Head Start Association, Sixpence, Educare, Heartland Family Services, Cedar, EDN.
- ECSOC tool revisions
 - Lynne, Jen, and Tonia will share revisions with the group at the February meeting.

Discussion of Concept of Trauma and Guidance for a Trauma-Informed Approach

- Members discussed the materials on trauma informed approaches and how this work aligns with toxic stress and trauma.

Member Updates

- Rooted in Relationships will engage up to 3 new communities.
- Child Parent Psychotherapy [CPP] is expanding

All 2015 Meetings will be at the Nebraska Children & Families Foundation

February 20, April 10, June 5, August 21, October 9 & December 18

Members will be sent invitations to all meetings via Outlook.